

Road Captain Pre-Ride Talk

___ Releases signed?

___ Full tanks?

___ Review the route.

___ Approximate ride time ___ hrs. _____ miles.

___ Approximate first break ___ hrs. _____ miles. Does anyone need to stop sooner?

___ Staggered formation. Consistent spacing. 2 seconds behind bike in front of you etc. No accordion.

___ Trikes in the center. Bike behind trike starts on the left.

___ Take the clearest path in turns & to avoid bad sections of roads.

___ Hand signals: Point out hazards. Single file when needed. Upcoming turns. Expect potholes

___ We'll be keeping up with traffic. No more than 5 miles over posted limit.

___ Ride within your ability. Less experienced group riders towards the back please. Switch your position if you're uncomfortable.

___ If the group breaks up, last bike through waits at any turn for the second group to catch up. First group will proceed but may reduce speed.

___ If these guidelines aren't followed, expect to hear from the Road Captain or others.

___ C.B. channel 31

___ Questions?

___ Enjoy the ride